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I took a strange path into yoni yoga. It all began when I started watching Game of Thrones (bear with me). Cersei Lannister (yes the one who shags her brother) did a shout out to a yoga instructor on ...

~~Yoni Yoga: Reconnecting With The Vagina You Didn ' t Know You ' d Lost~~

The session was introduced by Rishma Gill of Ehsaas Woman of Chandigarh. The book, titled The Vivekananda Handbook for Everyday Living, is an essential guide to apply the principles of Swami ...

~~'Swami Vivekananda has been My Coach, Covey, Carnegie All Rolled into One,' Says Indian Author of The Vivekananda Handbook for Everyday Living~~

The proposal for Export Promotion Council follows the Foreign Trade Policy (FTP) including the provisions of Para 2.92 of the Handbook of Procedures of the ... Ranjit Puranik, vice president, western ...

~~Centre approves Ayush Export Promotion Council, industry sees move to bolster trade prospects~~

The Handbook of Wellness Medicine provides a practical guide to the latest in evidence-based medicine, as well as best practice, to assist healthcare professionals in utilizing the full range of ...

~~The Handbook of Wellness Medicine~~

The Handbook on Disaster Management (Emergency Operations Centres and Emergency Support Action Plan), Kerala, underscores the importance of a "fully-capable alternate location," that is ...

~~Kerala ' s back-up Emergency Operations Centre to be established at the Secretariat in the capital~~

Representative ethnobotanical systems include: Ayurveda, Traditional Chinese Medicine, Eclectics, Pharmacological system Properties of Herbs Herbs are defined based on certain qualities they possess.

~~The Fundamentals of Veterinary Botanical Medicine~~

The ' Handicrafts ' as a skill module of 12-hours duration will be offered for classes 6 to 8 The Central Board of Secondary Education (CBSE) has launched a student handbook for the skill module ...

~~CBSE launches handbook in ' Handicrafts ' for Class 6 to 8~~

Devised by Lorraine Massey, co-founder of DevaCurl and author of Curly Girl: The Handbook, the Curly Girl ... Seerat Saini has some great Ayurvedic massage tips. We need your consent to load ...

~~I tried the curly girl method, here's what I learned~~

He wrote, "How you essayed and brought such intense characters to life on screen will always remain a handbook for several actors. RIP #DilipKumar sir! Your demise is such a terrible loss for the ...

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~~Suriya pays tribute to Dilip Kumar, calls it a terrible loss for Indian film fraternity~~

Texts from across the Buddhist world list illness along with birth, aging, and death as the four great torments that inevitably accompany life in a human body. Since Buddhist doctrine at its very core ...

~~Buddhism and Medicine: An Anthology of Premodern Sources~~

The artwork was mostly used to advertise a range of products, from ayurvedic medicines to fishing rods, from cosmetics to magic lanterns, from sleazy novels to cookbooks. Says Saha, " Before the ...

~~Panjikanama: Tale of a totem once considered soldered to Poila Baisakh~~

Welcome to Beauty Around the Clock, Marie Claire's weekly peek into the daily lives of some of the most game-changing women in their industries. Ever wonder how they get it all done in a day? Here ...

~~24 Hours with Beauty Icon Violette~~

Our oral health is intimately linked with our overall health and well-being. In Dental Herbalism (Healing Arts Press, 2014), medical herbalist Leslie M. Alexander and registered dental hygienist ...

~~Herbal Remedies for Reducing Mouth Pain~~

A Copper Tongue Cleaner: "Scraping your tongue is part of Ayurvedic care, and it is believed that it removes built-up toxicity in the body." D.S. and Durga Durga perfume: "I lost my sense of smell ...

~~Beauty Inside and Out: Kavi Moltz~~

Building upon this, a requisite handbook and mobile applications were to be developed by the Morarji Desai National Institute of Yoga (MDNIY) in consultation with technology partners from the WHO.

~~New App 'WHO M Yoga' Aims To Help Spread Yoga World Over~~

It is a vast, encompassing field, but deals with therapeutic modalities such as acupuncture, herbalism, Ayurveda, Traditional Chinese Medicine, yoga, and meditation. As interest in these modalities ...

~~Integrative Medicine Interest Group~~

The columnist is Director of Jiva Ayurveda, an author, public speaker, TV personality and Ayurvedacharya. Views expressed are the columnist's own.

~~International Day of Yoga 2021: Essential Yoga practices to strengthen lungs~~

The Chyawanprash is developed under Well brand's new 'Sci-Vedic' range that brings together the best of Ayurveda and Modern Science. It is packed with the goodness of more than 40 essential herbs ...

~~Medicare Limited strengthens its health and wellness portfolio; launches immunity boosting Chyawanprash under its Brand Well~~

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Persons with Different Abilities in Indian Cities, is the first of its kind document with a special
focus ...

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